

ALL IN! ALLYSHIP & INCLUSION LEADERSHIP



Are you a leader or change-maker who wants to foster an inclusive, diverse team and workplace? Do you want to grow a team of productive, innovative people who feel safe to be themselves at work? Are you feeling the pull to becoming more informed and aware — but you're just not sure where to begin, or how to do it in a way that really matters?

Do you want to avoid:

- unknowingly creating a toxic work environment
- conversations, meetings, and events where people disengage and become disillusioned?
- not knowing how to respond to questions about diversity and inclusion?
- lack of innovation caused by low cognitive or demographic diversity in your organization?
- having "good intentions", but damaging impact?

If the thought of starting conversations about equity, diversity, inclusion, and belonging in your organization or workplace feels overwhelming, **All In!** can help. This 6-week, engaging and accelerated learning journey, will support you to develop bias awareness, finely tune your words and strategies, and be ready for opportunities to create conversations that matter.

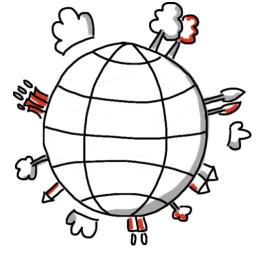
All In! will help you:

- Proactively support inclusion and belonging in your workplace
- Define and use key concepts related to equity, inclusion, diversity, and belonging
- Feel confident to interrupt unconscious/implicit bias and respond to microaggressions
- Explore and implement Anti-racist and reconciliation strategies
- Cultivate courageous conversations
- Embrace reactive and proactive allyship approaches
- Shift from awareness to action

Co-hosts, Mi'kmaw author and advocate, <u>Jenene Wooldridge</u>, and queer advocate and facilitator, <u>Corrie Melanson</u>, will guide you to connecting personal, interpersonal, and organizational change. You'll also learn from other inspiring professionals in your cohort.

The ALL IN! Training uses a flipped classroom approach, so you get access to content and resources to fit your schedule, with weekly live (recorded) sessions via zoom. Our learning approach is relational, reflective, and relevant to your organization. **We help you create psychological safety, increased effectiveness, and a leading-edge organization.**

Join us February 3-March 10th, 2022 (Live sessions are Wed 1-3pm AT). <u>CLICK HERE</u> for more information and to register.



FOCUS	LEARNING OBJECTIVES	RESOURCES
ORIENTATION	Orient new participants to:	Learning Journey
	Course Platforms and Tools	Safer Spaces Commitment
	Self-assessment	Equity-centred Learning
	Learner's Journey and Course Overview	Principles
1: REFLECTION	Identify your power, privilege, and intersectional identities	Inclusion assessment
& AWARENESS:	Explore the continuum from self-awareness to action	Global glossary
	Practice Principles of Learning	Intersectionality checklist
	Practice the inner work of self-awareness	Implicit Bias Article
2: INTERRUPT	Explore our implicit biases	Reconciliation Toolkit
BIAS & MICRO-	Define microaggressions	Equity-centred
AGGRESSIONS	Reflect on how biases can contribute to systemic inequity	communication Toolkit
	Reflect on microaggressions you have witnessed, committed, or	• 4 R's (Relevance, Respect,
	been the recipient of	Reciprocity, Responsibility)
	Practice the inner work of empathy	TRC Booklet & Culture Card
	Learn from a story of lived experience- Anti-Indigenous racism	
3: APPLY AN	Explore our racial consciousness, race in our life	Anti-racism Strategies Toolkit
ANTI-RACIST	Define anti-racism and the impact of racism in Canada	Becoming anti-racist image
APPROACH:	Learn from a story of lived experience- Anti-Black racism	Race Card Project
	Reflect on the difference between individual and systemic racism	Anti-racism scaffolding
	Practice the inner work of Self-regulation	
4: EMBRACE	Define and explore our stories of allyship	Disability and Accessibility
ALLYSHIP:	Practice reactive and proactive allyship	Toolkit
	Learn from a Story of lived experience- disability	Allyship Toolkit
	Reflect on personal and professional opportunities for allyship	
	Practice the inner work of Self-education	
5: CULTIVATE	Identify stories of courageous conversations	Gender and Sexuality
COURAGEOUS	Courageous conversations compass	Diversity Toolkit
COVERSATIONS:	Learn from a Story of lived experience- 2SLGBTQ+	Guide to Pronouns
	Practice the inner work of Conflict competence	Courageous conversations
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6: SHIFT FROM	Explore next steps in your learning journey	Inclusion Card Deck
AWARENESS TO	Reflect on where you are on the equity continuum	Awareness 2 Allyship Characterist
ACTION	Explore diversity models for your organization	Checklist
	Use Diversity Works Case Studies	Diversity Works Case Studies

*Access to all course resources for 1 year after course end.